

# Daily Living Aids

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## What are daily living aids?

Daily living aids range from easy grip cutlery, grab bars and bath seats to crutches, canes and wheelchairs. They are designed to make day to-day life easier for both the person and care giver. Many people require daily living aids. People who have had a stroke, have been in an accident or elderly people may find many tasks more difficult. Occupational Therapists often recommend daily living aids and they help teach people the skills to use them.

## Something for everyone

There are many different daily living aids. Ask your pharmacist about these different products. If it isn't currently in stock, we can order just about any product you may need!

- easy grip utensils and kitchen devices (peelers, openers)
- tap turners, jar openers, magnifiers, reachers
- zipper puller, button hooks, sock and panty hose aids



## Bathroom Safety

About one-half of the falls in the home occur in the bathroom. Many of these falls happen when getting in and out of the tub. Your Medicine Centre Pharmacist can help you to make your bathroom (or the bathroom of loved ones) a safer place. Talk to your pharmacist about the many bathroom safety products carried in the pharmacy.

Some of the products include:

- shower grab bars, tub rails, shampoo trays for hair washing, shower seats etc.
- bath transfer benches, raised toilet seats, safety bars, commodes, non-slip mats for tub

Your pharmacist or one of the pharmacy staff will take the time to make sure that the product is right for your needs.

## Helping you get around....

Your pharmacist can provide you with many different devices that will help you get around. The Medicine Centre pharmacy can supply you with a cane, walker, crutches or wheelchair.

- It is important to spend the time with the pharmacist or trained pharmacy staff to allow them to fit the product to your specific needs.
- The Medicine Centre pharmacy carries soft

rubber tips for canes, walkers and crutches. They also have ice gripping tips that can be used in the winter to provide extra stability.

## **Compression Stockings**

The Medicine Centre also carries a selection of compression stockings. Whether you are on your feet all day at work and need a little extra support or have swelling and pooling of fluids in your legs, your pharmacist or a member of the pharmacy staff can help you find the product that is right for you.

## **Do insurance companies help pay for daily living aids?**

Every insurance company is different. However, many do cover a portion, if not all expenses, of certain medical devices. Your pharmacist or one of the pharmacy staff will happily look into this for you. Provide your pharmacist with your medical benefits information, and he or she will

help you to determine if the product is covered by your insurance.

## **Ask about our Rental Program**

Since you may only require the device for a short period of time, you may not want to purchase it. For example, if you require crutches for 2 months while your knee is healing, you don't want to have to buy a set of crutches that you hope to never use again!

Our Rental Program may be just what you are looking for. Ask your pharmacist about the products that are available to rent. He or she will also help you compare the cost of renting over buying.

## **Some Medicine Centre pharmacies provide a rental program to best serve you and meet your needs just ask your Pharmacist!**

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### **Notes:**